



南 华 小 学

NAN HUA PRIMARY SCHOOL

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Ref: 001/19/ICT

Date: 21 May 2019

Through the Principal 

Dear Parent/Guardian,

We are partnering Kingmaker Consultancy for this year's parents' workshop on Cyber Wellness. Kingmaker runs digital citizenship programmes that are dynamic, interactive & scientifically-validated to teach *digital literacy*, change attitudes & behaviour for Cyber wellness. This programme draws on cutting-edge research to understand the effects of such exposure and to separate risk from harm. You will receive holistic perspectives on issues surrounding video gaming and social media.

Through the use of behavior profiles & media-planning tools, you will be guided to develop practical plans for cyber wellness & holistic development. You will also learn parenting strategies to manage primary school children's use of technology.

Objectives of the session:

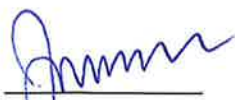
- Make media choices to suit family priorities and prepare the children for school
- Develop a media plan for children's wellness
- Choose and use technological tools to carry out the media plan
- Gain practical ideas to handle young children
- Adapt parenting approach to counter challenges for new media

Activity	Date/Time	Venue	Remarks
The Art & Science of Parenting in the Digital Age (Cyber Wellness for Children)	27 July 2019 (Saturday) 9am to 12 noon	NHPS Library (Level 3)	No payment is required.
Note: <ul style="list-style-type: none">• First-come-first-served			

Please register online for the above activity by 30 May 2019 at <https://tinyurl.com/CWPTalk19>.

For queries, please email our Cyber Wellness Coordinator, Mr Macus Quek at macus_quek_weng_sung@moe.edu.sg.

Yours faithfully,



Mrs Jenny Lim
HOD ICT