



南 华 小 学

NAN HUA PRIMARY SCHOOL  
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Ref: 142/16

Date: 14 Nov 2016

Through the Principal 

Dear Parents / Guardians,

#### **IMPLEMENTATION OF HEALTHY MEALS IN SCHOOLS PROGRAMME (HMSP) in 2017**

Our children spend a good part of their day in school and it is a valuable setting to educate them about healthy eating and empower them to practice good dietary habits.

The school will partner the Health Promotion Board to be on board the HMSP journey from Term 1 Week 3 2017. The canteen vendors will provide healthy meals twice a week for the initial phase. This will enable the school to monitor the response from the pupils and prevent any unnecessary wastage of food.

These healthier and delicious set meals incorporate food from four main food groups – rice and alternatives, meat and alternatives, fruit and vegetables – with the appropriate portions of fruit and vegetables being served. This ensures that when pupils consume meals in school, they will receive the daily requirements for a balanced meal which will in turn reduce obesity in the long run.

Taking consideration the higher ingredient and preparation cost, there will be a nominal increase in food prices (between \$0.30 to \$0.50). We will take care to ensure that food prices remain affordable and that students will get value for money. Students under financial assistance will continue to receive support.

Thank you for your continued support in our school programmes.

Yours faithfully,



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Mr Choo Chuan Kiet  
Vice-Principal (Administration)